

SEPTEMBER 2019

# LEWES NEIGHBORS



Rob Waters & Erin Tanner  
*Soundtrack of Our Lives*



Best Version Media®

Cover Photograph by *Justin Nixon*

AN EXCLUSIVE MAGAZINE SERVING THE RESIDENTS OF LEWES

**FEEDBACK IDEAS SUBMISSIONS**

Have feedback, ideas or submissions? We are always happy to hear from you! Deadlines for submissions are the 10th of each month. Email your thoughts, ideas, and photos to: [rmavity@bestversionmedia.com](mailto:rmavity@bestversionmedia.com).

**HOA SUBMISSION INFORMATION**

Are you on the association board for your subdivision? Contact us for information on how you can submit articles, updates, reminders, events and more to the residents. We create customized Homeowners Association sections at no cost to the HOA or the residents. Email Rachel at [rmavity@bestversionmedia.com](mailto:rmavity@bestversionmedia.com).

**TIMETABLE OF MAGAZINE DEADLINES**

December 10 .....	January
January 10 .....	February
February 10 .....	March
March 10 .....	April
April 10 .....	May
May 10 .....	June
June 10 .....	July
July 10 .....	August
August 10 .....	September
September 10 .....	October
October 10 .....	November
November 10 .....	December

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**Expert Contributors**

To learn more about becoming an expert contributor, contact Judy Stevenson at [jstevenson@bestversionmedia.com](mailto:jstevenson@bestversionmedia.com) or (302) 278-1625

**REAL ESTATE**



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Alison Houck is a certified public accountant based in Sussex County. She is a University of Delaware graduate and was named as Best Accountant in Sussex County in 2014, 2015 and 2016. Alison is an attentive and earnest listener, she takes the time to really understand what is at the core of client issues. She serves on the Board of Ambassadors and Finance Committee for the Beebe Medical Foundation and the Board of Directors of Children & Families First of Delaware.

**SENIOR LIVING**



**Donna Winegar** *Executive Director*  
*Brandywine Living at Seaside Pointe, Rehoboth Beach*  
 (302) 226-8750 | [dwinegar@brandycare.com](mailto:dwinegar@brandycare.com) | [www.brandycare.com](http://www.brandycare.com)

Donna Winegar has been an Administrator in long-term care facilities since 1985. Her experience and passion for providing quality services to the residents led her to Brandywine Living, a leader in the senior care industry. Brandywine at Seaside Pointe is a vibrant community providing fine dining, Escapades for Life activity programs, daily care, and nursing assistance. Donna is the Past President and active member of the Rehoboth Beach Sunrise Rotary club and also a member of the Village Improvement Association. She is on the board of the Harry K Foundation and the Delaware Healthcare Facilities Association.

**WELLNESS & FITNESS**



**Rich Garrett** *Midway Motion and Fitness*  
 (302) 645-0407 | [info@midwayfitness.com](mailto:info@midwayfitness.com) | [www.midwayfitness.com](http://www.midwayfitness.com)

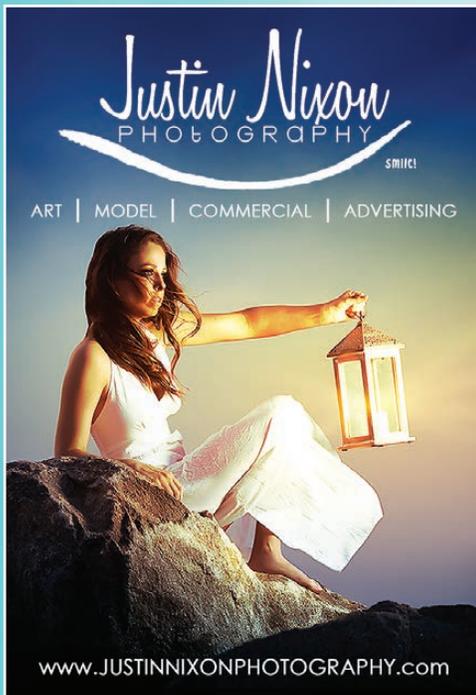
Rich Garrett purchased Midway Motion and Fitness on January 1, 2013. His team has developed programs and facilities to grow membership from 260 to over 1,000 members. The goals of Midway Motion and Fitness include supporting individuals of all abilities to be more active participants in creating healthier, happier lives. The Cape Center for Movement Disabilities, exclusively at Midway Motion and Fitness, supports those with Parkinson's Disease and other movement disabilities.

**RENOVATION / RESTORATION**



**Randy Burton** *Partner/Owner Randall-Douglas, Inc. & Burton Builder, Inc.*  
 (302) 245-1439 | [Randy@Randall-Douglas.com](mailto:Randy@Randall-Douglas.com)

Randy Burton is committed to quality craftsmanship and client advocacy, with a focus on developing long-standing relationships, which he has been doing since founding Burton Builders in 1988. Together with Doug Catts, he founded Randall-Douglas, Inc. to continue in this tradition of quality. Randy brings his 30+ years of building experiences to the creation of this premier renovation and restoration company. Randy has forged great relationships with clients over the decades - many of them becoming repeat clients - and he has worked with some of the foremost architects in the Mid-Atlantic. His experience is infused into all aspects of the client experience with Randall-Douglas & Burton Builder.



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Best Version Media

*Dear Residents,*

Happy September!

Fall is just around the corner. The kids are headed back to school - keep an eye out for those buses - and our beautiful little city is calming down. It's time for the locals to head back out and catch up with our friends and favorite shop or restaurant owners!

Even though it has been quite a few years since I was in school, I still get a glint of excitement when I see the school supplies return to the stores. There's something magical about the start of a school year. And, even though we perhaps are beyond our school ages, I still feel that magic. Maybe I just have a thing for school supplies.

I was lucky enough to sit down with this month's cover family in the midst of their busy life. Rob Waters and Erin Tanner (and son, Graham) are truly a wonderful local family. They are funny and interesting. I highly recommend getting to know them if you don't already.

Enjoy these last few weeks (hopefully 6 more weeks) of summer. Get to the beach, check back in on your favorite shops, and stop to say a howdy to your Lewes neighbors.

See you around town,

*Rachel Swick Mavity*

Content Coordinator,  
[rmavity@bestversionmedia.com](mailto:rmavity@bestversionmedia.com)



**GREATER LEWES COMMUNITY**  
**Village**

**Thank You!** The Village offers our sincere appreciation to everyone for another successful Attic Treasures Fundraising event!

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We are humbled and grateful for your tireless efforts. You and your families gave up much of your summer to help make this fundraising event a success!

[www.GreaterLewesCommunityVillage.org](http://www.GreaterLewesCommunityVillage.org) | 302-703-2568



*Celebrating Graham's first birthday in Rehoboth, November 2016*

## Rob Waters & Erin Tanner

### Soundtrack of Our Lives

By Rachel Swick Mavity | Photos by Justin Nixon.  
Additional photos submitted by Rob Waters & Erin Tanner



*Rob and Graham watching the snow on Bay Ave. in Lewes*

Last winter, you might have seen a bundled, bearded man wandering through the snow, towing his Canon Mark V digital camera. No, he wasn't a vagrant with great taste in camera equipment – it was Lewes' own filmmaker and videographer Rob Waters.

Rob often ventures forth into town to video current events, including snowstorms. He is also the primary videographer for local companies and organizations, including the Cape Gazette.

Rob, his wife, Erin Tanner, and their son, Graham, live east of the canal along Lewes Beach.

"We couldn't imagine living anywhere else. It's a perfect community and it's where we want to raise our son," Erin said.

### Growing Up in Delaware

Rob is a native Delawarean. He grew up in Wilmington and had, as he calls it, a very normal childhood. He and his buddies would play around town in their suburbia-style neighborhood. As they grew through their teenage years, Rob became interested in art and film.

He came by his artistic nature entirely naturally. As the son of a skilled artist and art teacher, he learned at an early age how to express himself visually thanks to his mother. He developed his skills through his love of comic books and graphic design.

At the same time, he and his friends – a small gang of Spielberg youth – found a passion for film. They specifically enjoyed the works of Steven Spielberg. "Jaws" is Rob's favorite go-to movie. His dad, a film buff, took him often to the local movie theater. They also had an extensive collection at home.

"I would say both of my parents really influenced me in the early years to express myself both through art and film," Rob said. "They were really supportive of my dreams to be a cartoonist or a filmmaker."

Erin spent her early childhood years on a 1,000-acre farm on the eastern shore of Maryland. Growing up in the great outdoors, Erin and her brother used to bound out the door in the morning and only return if they needed a meal.

She has fond memories of playing with animals, running through open fields, and listening for the dinner bell to toll bidding her to return home.

"It was a great place to grow up because we learned to make our own fun and really spent most of our time outside," Erin said.

Her parents eventually moved the family to the Seaford area of Delaware where Erin attended school, graduating from Seaford High School.

"Seaford is a really close-knit town, and I made a lot of great friends there who I'm still close with today," Erin said. "I also loved that the beach was just a short drive away."

After high school, Erin attended the UD Parallel Program in Georgetown for two years. She then moved on to the main UD campus in Newark, which Rob also attended, to finish her bachelor's degree in English literature.

Rob, a graduate of Concord High School in Wilmington, was enrolled in the Fine Arts program. He was developing his skills as an illustrator and cartoonist and also learning more about film-craft.

They didn't meet each other in classes; instead, they met on the stairs at Rob's apartment in a house near the college.

"It wasn't one of those great meeting stories," Rob said with a chuckle.

Erin agreed. "I was dating a guy that lived upstairs from Rob and so when I would come over, I would take the stairs up. Sometimes, Rob would pop out of his apartment and we would chat. Little did I know that when he did that, the guy I was dating was sneaking another girl down the back steps!"

Once that relationship ended — "for obvious reasons," Erin said, laughing — she and Rob began dating a few months later.

"But, it all worked out for the best," smiles Rob.

### Moving to Lewes

For a few years after college, Erin and Rob lived together in Wilmington. During college, many of their friends would leave every weekend to go to the beaches in southern Delaware. Rob recalls not really understanding why they would want to leave college on the weekends.

Then he tagged along on one outing and fell in love with the coastal region of Delaware. Erin, whose family was from the southern portions of Delaware and Maryland, was also homesick and wanted to be closer to family.

Outdoor Alamo Drafthouse film festival event in Austin, Tex.



So, after a few years, they decided to move to the beach and see if they could make it work. They first found a rental in the Rehoboth area, but they had to commute a lot for work.

Erin was working as an editor for a medical publishing company in New Jersey and Rob was working for the News Journal in Wilmington.

“The drive got to be too much – mostly for me – so I decided it was time for a change and found work in a local record store called Kemp Mill,” Erin recalls. “It was perfect for me because I can easily talk about music all day.”

She later had the opportunity to work for the University of Delaware Associate in Arts Program, formerly called the Parallel Program, at Delaware Tech’s Georgetown campus.

“Teaching for UD’s parallel program – now the Associate in Arts program – is a dream come true. I benefitted from the predecessor of the program myself after high school and now I get to teach English and help other students reach their dreams of going to University of Delaware,” Erin said.

Erin helps students as a writing specialist and also supports the website and social media content for the program.

“The AAP is an amazing program,” Erin said. “UD has an Elementary Teacher Education program in Georgetown, as well as a nursing education partnership with the Margaret H. Rollins School of Nursing at Beebe. When you know you’re helping local students succeed and find jobs they are passionate about, it makes it really easy to get up and go to work in the morning.”

Rob eventually worked for a marketing company and then decided to start his own graphic design company. He and Erin worked on side writing projects in the region and Matt Haley, the famed restaurateur, was one of their early supporters.

“Matt was doing some writing for us and he was the first person I told that I was interested in making movies,” Rob recalls. “He was supportive and then six years later when I started doing independent films and then more commercial video, he continued to support us. SoDel Concepts was one of our first big clients.”



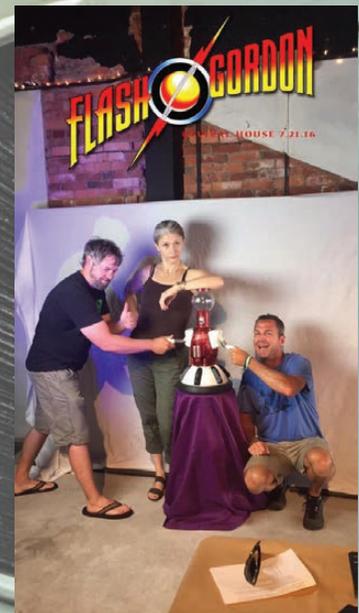
Left: Pregnancy announcement picture from summer 2015, with our late corgi, Clementine. Right: Wedding photo.



Rob, Rob Rector, and me onstage at the Milton Theatre with local musician Ariel Piazza



Graham, Halloween 2018 (he was Max from “Where the Wild Things Are”)



Rob, Erin, and Rob Rector (and Tom Servo the robot) at the Revival House Screening of “Flash Gordon”

In 2010, Rob's independent film won the nationwide Dogfish Off-Centered Film Festival. All the finalists were flown to Austin, Texas, for the screenings and announcement of the winner. Rob and Erin were star-struck by all the participants and judges, which included The Lonely Island trio!

After they were announced the winner, a local film critic talked to Rob about his work and asked him what the name of his production company was.

"I was like, well, we don't have a production company," Rob recalls. "He told me I should get on that."

So, in 2014, W Films was born. Rob now works with a small freelance crew and Erin helps out with script supervision and voice-over work.

"It's been a really exciting process and we've learned a lot about not only filming but the business side of things – what you need and what you don't need. I've tried to keep my costs low so that I can keep costs low for our clients," he said.

His independent film, "Meta," won first place in the Wilmington 48-hour Extreme Filmmaking Competition. Rob also teaches some classes at Delaware Tech for budding filmmakers.

Rob, Erin, and their friend Rob Rector partnered with the Milton Theatre to create the Revival House, a monthly film series that they describe as "a religious experience for film geeks." Rob is also on the board of the Calliope Project, a non-profit organization that raises funds to make improvements to the vintage theater.

Having their son, Graham, really put it all into perspective, though.

"When we were younger, it was like, hey, let's try this thing and see what happens. Now that we have Graham, it really put everything into perspective and I knew we had to make this work," Rob said.

Graham, 3, is well doted on by his parents and by his grandparents who all live in the region. He loves macaroni and cheese, Toy Story, and running around on Lewes Beach. Watch out – he will head straight for the water if you turn your back!

"We have been really lucky that the community has really opened its arms and supported W Films," Rob said. "It's been amazing so far and I can't wait to see what the future holds."

Erin agreed. "Lewes is such a great, supportive community. We couldn't imagine living anywhere else."

When the family isn't out and about shooting videos or scripting up a film, they can be found enjoying the beach, local restaurants, or taking in a show at the Milton Theater.

"We both love music and it is something we are hoping to instill in Graham. Music is so important to how we see ourselves and how we see the world," Erin said.

Rob suggests the family motto is, "Always be kind. Always be funny. And, most importantly, always have a good soundtrack."

Next time you see Rob or Erin around town, stop and chat about your favorite films or soundtracks – it's sure to be an enlightening and enjoyable conversation!

Meeting Joe Biden when he stayed in our neighborhood in summer 2016 (it was amazing – I LOVE Joe!).



Planting beach grass in Rehoboth; I lead a group of UDAAP student volunteers at DNREC's Beach Grass Planting event each spring.

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# Alison Houck, CPA, Named NASBA Regional Director

Submitted by Faw Casson

On June 20, 2019 Alison L. Houck, CPA was nominated and elected to serve as the next Middle Atlantic Regional Director for the National Association of State Boards of Accountancy's (NASBA) Board of Directors by the NASBA Nominating Committee in Salt Lake City, UT.



"I am honored to serve on a board with 20 amazing CPAs from across the country," said Alison. "The idea of working alongside of my peers at a national level to maintain the integrity of our profession is very exciting." Alison is Managing Partner of Faw Casson's Rehoboth Beach office and has been in the accounting profession since 1998.

In 2015 she was appointed by Governor Jack Markell for a three year term as a member of the State Board of Accountancy, serving one year as President. She was recently reappointed for an additional three year term. She is also active in many local organizations, previously serving in Executive Committee positions with the Delaware Society of CPAs, and served three years as Delaware's designated member of the AICPA National Council.

Brian Stetina, Director of Operations for Faw Casson, commented, "NASBA is a guiding force in our industry, setting the national standards for education and preserving the viability of our profession. We are very proud of all Alison has accomplished and that a member of our team has been chosen to represent at the national level."

NASBA has served as a forum for the nation's 55 State Boards of Accountancy since 1908. They oversee the testing and licensing for all CPA examinations and are charged with regulating the practice of public accounting in the United States.

Faw Casson is a full-service CPA firm with offices in Dover and Rehoboth Beach, DE and Ocean City, MD.



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# Coastal Direct Primary Care Opens On Savannah Road

Story and Photos submitted by Coastal Direct Primary Care

Coastal Direct Primary Care opened its new office on Savannah Road in Lewes with a celebratory ribbon cutting.

"Coastal Direct Primary Care (Coastal DPC) is your home for family medicine, offering quality healthcare for patients of all ages. We use old-fashioned care and listening to provide you with the current best practices in medicine," said Christine Degnon, MD, MPH, primary physician at the practice.

"We strive to provide outstanding healthcare when you need it and how you prefer it, taking advantage of modern technology to be easily accessible to you. While some patients prefer to come to the office for their care, others find it more convenient to call, text, email or use telemedicine to address their health needs. All of this is possible when we become your medical home. We even do house calls! At Coastal DPC we work directly for you, not for an insurance company, to provide the healthcare that best suits you."

## About Dr. Degnon

Christine Degnon, MD, MPH graduated from Bucknell University with degrees in Biology and Religion, then spent over two years serving as a US Peace Corps Volunteer in Kenya. She obtained her Medical Degree from Pennsylvania State University College of Medicine in Hershey, Pennsylvania and then completed the Family Medicine Residency Program at Self Regional Healthcare in Greenwood, South Carolina. She also earned a Master in Public Health degree at Boston University. Since completing her training, she has practiced in both urban and rural settings, and for the last decade has been involved in medical education, most recently at the University of Texas. She now looks forward to caring for patients the way she has been teaching medical students and residents to do it for years,



Shown at the ribbon cutting (left to right) are George Degnon, Nicky Fisher, Lewes Mayor Ted Becker, Marge Degnon, Dr. Chris Degnon, Coastal DPC Office Administrator Matt Good, Deputy Lewes Mayor Fred Beaufait, Lewes Councilwoman Bonnie Osler, Lewes Councilman Dennis Reardon, Lewes Chamber Executive Director Betsy Reamer, and Lewes Councilman Rob Morgan.

the right way, and finds that Direct Primary Care provides the ideal setting for such care. Growing up in Northern Virginia, "Dr. Chris" has been spending time in the Lewes-Rehoboth Beach area for nearly 4 decades and is excited to now call it home.

"I have been a family doctor in many different settings and, regardless of the location or the practice structure, what I love most about being a family physician is the ability to develop meaningful relationships with my patients. I have taken care of up to five generations in the same family and felt like a member! It is through strong interpersonal relationships that I can best help my patients achieve their health goals and maintain wellness. As a medical educator and proponent of evidence-based medicine, I am committed to staying current with best practices in medical care and sharing that

knowledge with my patients. I believe strongly that family medicine is meant to be delivered in a caring, unhurried setting, and that's what we strive to provide. My goal is to partner with my patients to make health a priority. I believe in patient-centered care and shared decision making, which means I will listen to you and work with you to develop your health and wellness goals, as well as a strategy to meet them."

## About the Office

Coastal DPC is located at 1409 Savannah Road, Lewes. Hours are Monday through Friday, 8 a.m. to 5 p.m., with additional hours available by appointment. House calls in the immediate area are also available.

For more information, call (302) 786-0828 or go to [www.coastaldpc.com](http://www.coastaldpc.com).



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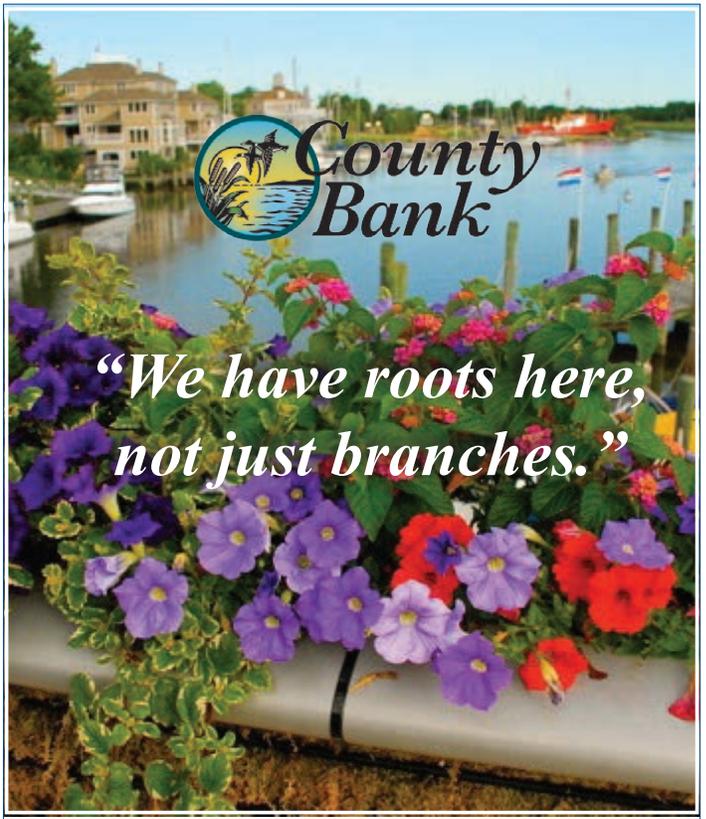


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# SEPTEMBER

## CALENDAR OF EVENTS

### First and Third Mondays

#### Midway Lions Club Meeting

@Green Turtle - Five Points  
Time: Noon

The first meeting in September will be on the first Tuesday, September 3rd due to Labor Day holiday on the first Monday.

For more information: call Mary Jo DeVries at (302) 645-2733.

### Second Tuesday of the month

#### Lewes Lions Club

@ Fish On restaurant  
17300 N. Village Main Blvd  
Lewes (Village of Five Points)  
Time: 6:30 p.m.

For reservations or more information: call Lloyd Schmitz at (302) 645-0880 or email: leweslionsclub@gmail.com

### Third Tuesday of the month

#### Alzheimer's Caregivers Support Group

@Lewes Public Library  
Time: 11 a.m. to 1 p.m.

This support group is for those caring for someone with Alzheimer's or other type of dementia. The group is facilitated by Ruth Pryor of the Alzheimer's Association, a non-profit organization with the mission to eliminate Alzheimer's disease through the advancement of research; to provide and enhance care and support for all those affected; and to reduce the risk of dementia through the promotion of brain health. For more information, contact Jamie Magee at (302) 854-9788 or jamie.magee@alz.org. Walk-ins are welcome.

### Thursdays

#### Cancer Caregiver Support Group

@Cancer Support Community-DE, 18947 John J. Williams Hwy. (Route 24), Rehoboth  
Time: 1 p.m.

Louise White to address issues surrounding important role of caregivers, free. Contact (302) 645-9150 or go to www.cancersupportdelaware.org.

### Fridays

#### Laugh Out Loud with Michele

@Lewes Public Library, 111 Adams Ave., Lewes  
Time: 8:45 to 9:30 a.m.

Wellness Laughter Yoga is a method to improve health and prevent disease that uses safe, gentle, and fun breathing exercises and laughter techniques. Free. All are welcome. Call (302) 270-7027 or visit www.wellnesslaughter.com for more information.

### Saturdays

#### Historic Lewes Farmers Market

@George H.P. Smith Park,  
DuPont and Johnson Aves., Lewes  
Time: 8 a.m. to noon

The Historic Lewes Farmers Market returns to George H.P. Smith Park for the 2019 season! The market features fresh local fruits and vegetables, homemade crafts, and more: [www.historiclewesfarmersmarket.org](http://www.historiclewesfarmersmarket.org).

### Teller Wines FREE Wine Tasting

@Teller Wines, 1201 Savannah Road  
Time: 3 p.m. to 6 p.m.  
For more information: Call (302) 644-7400 or go to [www.tellerwines.com](http://www.tellerwines.com).

### Monday, September 2

#### Stango Park Summer Concert Series

@Stango Park (adjacent to Margaret H. Rollins Community Center)  
Time: 6:30 to 8 p.m.

This concert features Tydewater Band – a rescheduled performance from August 6.

### Saturday, September 7

#### Friends of the Lewes Public Library Annual Book Sale

@Lewes Public Library  
Time: 9 a.m. to 3 p.m.

This is the annual book sale and fundraiser for Friends of the Lewes Public Library: <https://lewes.lib.de.us/friends/about-friends>.

### Chocolate Tasting in the Park

@Cape Henlopen State Park, Officers' Club  
Time: 1 p.m. to 4 p.m.

Cost: \$6 per person for six tastings, plus applicable park entrance fees  
All proceeds from the chocolate tasting benefit the Friends of Cape Henlopen State Park Education Fund and other Park activities: [www.friendsofcapehenlopen.org/fundraising](http://www.friendsofcapehenlopen.org/fundraising).

### Lighthouse Sunset Cruise

@Meet at Anglers Fishing Center  
Time: 5:30 p.m. to 7:30 p.m.

For details, go to [www.delawarebaylights.org](http://www.delawarebaylights.org) or call (302) 226-3866 or (302) 448-0444.

### Monday, September 9

#### Cooks & Books

@Lewes Public Library  
Time: 6:30 to 8:30 p.m.

Share your love of cooking and trying new recipes. Each month the group selects a cookbook and each participant chooses a recipe to prepare for the following month's meeting. Stop by the Library's Circulation Desk for information on the cookbook and to select a recipe.

### Lewes Lions Club - 2nd Annual Golf Classic

Mulligan's Pointe  
22426 Sussex Pines Rd. Georgetown  
Time: Registration 11:00 a.m.-1:00 p.m. –  
Tee Time: 1:00 p.m.

This annual event is for the benefit of Beebe Healthcare Tunnell Cancer Center Patient Special Needs Fund. Last year, the Lewes Lions Club 1st Annual Golf Club Classic was a big success in that they donated \$13,000 to this Beebe Special Needs Fund! For more information: call Joe Donohue (610-368-1228); email [joedonohoe@comcast.com](mailto:joedonohoe@comcast.com) or go to [leweslionsclub.com](http://leweslionsclub.com)

### Saturday, September 14

#### Hustle for the House 5K/1-Miler

@Irish Eyes, Lewes

Time: 7:30 a.m. registration and packet pick-up; 8:15 a.m. free Kiddie K; 8:30 a.m. Run/Walk start  
Join us for a 5K and 1-Miler to benefit Ronald McDonald House of Delaware. Learn more and register: <https://give.rmhde.org/hustle>.

### Taking a Stand Lecture Series: Tom Sheridan, Helping the Good do Better

@Lewes Public Library

Time: 6 p.m. to 8 p.m.

Browseabout Books will have copies of the book available for sale at the event and there will be a signing afterwards. Registration is requested. Sign up online, by calling the library at (302) 645-2733 or stopping by the Circulation Desk. Walk-ins are welcome. This lecture series is co-hosted by the Lewes Public Library and Topical Seminars. Learn more: <https://lewes.lib.de.us>.

September 14 - September 15

### Balloons Over Sussex

@Delaware Coastal Airport, Georgetown

Time: September 14 starting at 2 p.m.; ends at 7 p.m. on September 15

Cost: \$10 for adults and children over 10; children under 10 are free

Join The Sussex Academy Foundation for a hot-air balloon festival. Activities include a mass ascension of up to 15 hot-air balloons, passenger balloon flights, tethered balloon rides, kids activities, entertainment, food, crafts, and more. Sponsors are needed. Learn more: [www.balloonsoversussex.com](http://www.balloonsoversussex.com).

September 15 - September 21

### Shakespeare Festival

@Lewes Public Library

Time: Varies by day

A week-long celebration of the Bard including lectures, workshops, a concert, and a live outdoor performance of a Shakespeare play. For more information, visit <https://lewes.lib.de.us>.

September 19 - September 21

### 21st Annual Chautauqua Tent Show

@Margaret H. Rollins Community Center

Time: September 19, starts at 12 noon

This year's tent show features actors portraying the 1960's in Delaware – a decade of turmoil and transformation. Portrayals include Martin Luther King, Jr., Lyndon B. Johnson, and more. Enjoy lectures, music and dancing, radio theatre, and film. For more information, call (302) 645-1148 or go to <https://history.delaware.gov>.

Saturday, September 21

### Lewes Artists' Studio Tour

@Various studios throughout Lewes

Time: 10 a.m. to 4 p.m.

Artists and artisans open their private studios to the public for this free tour. Visit [www.LewesArtistsStudioTour.com](http://www.LewesArtistsStudioTour.com) for a brochure and list of locations.

September 27 - September 28

### History Book Festival

@Lewes Public Library, downtown Lewes

Time: Varies by day

More than 20 authors of historical fiction and non-fiction will be featured with presentations & book signings. For more information: [www.historybookfestival.org](http://www.historybookfestival.org).

Saturday, September 28

### 5th Annual Southern Delaware Wine, Food & Music Festival (SoDel Fest)

@Independence Clubhouse, Millsboro

Time: Noon to 4 p.m.

Cost: \$75 - \$100

Visit [www.sodelfest.com](http://www.sodelfest.com) for tickets and more information.

September 28 - September 29

### Delaware Resorts Fall Home Expo

@Cape Henlopen High School

Time: September 28: 9 a.m. to 5 p.m.; September 29: 10 a.m. to 3 p.m.

This annual event features more than 80 home-related companies including Realtors, developers, mortgage and financial firms, home product companies, and more. For more information or for sponsorship/vendor opportunities, call (302) 236-0857 or go to [www.deexpos.com](http://www.deexpos.com).

## Save The Date

October 4 - October 6

### Lewes Merchants' Fall Sidewalk Sale

@Downtown Lewes businesses

Time 10 a.m. to 5 p.m.

The annual Fall Sidewalk Sale in Lewes is a great time to enjoy downtown Lewes and pick up some great sale items! Learn more: [www.leweschamber.com](http://www.leweschamber.com).

Saturday, October 5

### Boast the Coast

@Downtown Lewes locations

Time: 11 a.m. to 2 p.m.

Check [www.leweschamber.com](http://www.leweschamber.com) for more information when it becomes available.

October 17 - October 20

### Rehoboth Beach Jazz Festival

The Delaware Celebration of Jazz is excited to present the 2019 festival! Opening night kicks off at 8 p.m. on Thursday, October 17 with opening artist Brian Simpson and featured musician Boney James. Concerts will be held at the Cape Henlopen Performing Arts Theater (at the high school in Lewes), at Dogfish Head Brewery in Milton, at the Rehoboth Beach Convention Center, at Epworth United Methodist Church in Rehoboth, and at the Rusty Rudder. For tickets and more information, go to: [www.rehobothjazz.com](http://www.rehobothjazz.com).



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# Salted Caramel Brownies

By Madison Farkas



I admit it: brownies are my weakness. I can turn down cake, no problem, but the dense, fudgy, chewy texture of these brownies is absolutely addictive, and the salt balances the rich sweetness perfectly.

## Ingredients

### Brownies

- ½ cup butter
- 1¼ cup sugar
- 2 eggs
- 1 tsp vanilla
- ¾ cup cocoa powder
- ¼ tsp baking powder
- ½ cup flour

### Caramel Sauce

- ½ cup butter
- 2/3 cup packed brown sugar
- ½ cup whipping cream
- 1 tsp vanilla
- 1 tsp coarse sea salt, to taste

1. Preheat oven to 350° and grease an 8"x8" baking pan. In a large bowl, beat the butter and

sugar until blended. Then, add eggs and vanilla and stir.

2. In a separate bowl, mix all dry ingredients. Next, add them all to wet ingredients. Stir until combined, but do not overmix.
3. Pour into pan. Bake for 20 minutes (or until toothpick comes out clean). Cool and cut into squares.
4. Melt the butter in a saucepan and add brown sugar. Stir until sugar has melted.
5. Add the cream. Bring to a boil then reduce to low and simmer for 5 minutes, stirring frequently. Remove from heat, add vanilla and stir. Drizzle warm sauce over brownies. Sprinkle with sea salt and serve with vanilla ice cream. Caramel sauce will thicken if refrigerated.

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# Beebe Healthcare Opens New Interventional Cardiology Lab in Lewes

Submitted by Beebe Healthcare

Beebe Healthcare's Cardiac & Vascular Services recently opened a new interventional cardiology lab at the Margaret H. Rollins Lewes Campus.

This new state-of-the-art lab adds more than 1,000-square-feet of procedural space for the cardiac and vascular team.

Dr. Malick Islam, electrophysiologist, and his team recently performed the first procedures in the new lab.

"Having this state-of-the-art procedure room is a win-win," he said. "For the patients, it means they are being taken care of in a new space and their care is more efficient and streamlined. For the medical team here, we are able to schedule more procedures and have access to the best equipment and systems – the same that would be found at large university hospitals in big cities."

The interventional cardiology lab construction is part of a larger project at the hospital in Lewes, which will also add a new hybrid operating room. The hybrid operating room will allow Beebe's vascular surgeons and surgical teams to perform minimally invasive and open procedures in a highly advanced surgical operating theater. The hybrid operating room is slated to open later this year.

"I am proud to be a part of the transformation here at Beebe as we strive to serve our community and visitors," said Beebe Cardiac & Vascular Services Executive Director Mary Frances Suter. "This project demonstrates Beebe's commitment to providing the next generation of care. This is a perfect example of Beebe's dedication to



Shown are members of Beebe's cardiac cath lab and electrophysiology teams following a recent procedure in the new interventional cardiology lab: Amy Bradshaw, RTR-CV; Kelly Devine, RN; Jordana Bumgarner, RTR; Malick Islam, MD; Curt Trapp, RN; Brandon Hogan, RN; and Kyle Schlezes, RTR.

superior care and service to assure that our community receives the highest level of care in our own backyard."

Additional construction projects at the Lewes Campus include the completion of a new parking lot, pergola, and brick pathway at the corner of Savannah Road and 4th Street. Ongoing construction at the West Entrance will improve the entrance to the hospital and straighten out hallways to provide easier access for patients and visitors. In addition, Beebe has started remodeling rooms to create a more private stay for patients throughout the hospital. These improvements were funded, in part, by a transformational gift of \$10 million from the Ma-Ran Foundation.

To learn more about giving a gift to Beebe, call the Beebe Medical Foundation at (302) 644-2900.

For more information about Beebe Healthcare, go to [www.beebehealthcare.org](http://www.beebehealthcare.org). To find out how Beebe Healthcare is Creating the Next Generation of Care for the community, go to [www.nextgenerationofcare.org](http://www.nextgenerationofcare.org).

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# The 1-2-3's of Tax Planning

Submitted by Alison Houck, Faw Casson

The time of year has arrived where our resort town becomes a little less busy and life goes back to "normal." Many of us are preparing our kids to go back to school - buying school supplies, lining up transportation, scheduling school physical appointments, cramming in that last bit of summer reading and getting back on track with routine.

At the same time, we are wrapping up the third quarter of 2019 and need to start thinking about preparing ourselves for the upcoming tax filing season. You may have had surprises in April this year as a result of the new tax law...some good...some not so good. Now is a great time to begin doing some planning so that you can take action and be in control of your 2019 tax liability.

Here are some common items you will want to begin gathering so that you can prepare yourself for year-end while there's still time to have an impact on your ultimate tax liability:

1. Pull out your most recent pay stub and note your year-to-date wages and withholdings.
2. Speak to your financial advisors to determine the amount of dividends, interest and capital gains you expect for 2019.
3. If you are a business owner, get your books and records up to date and reconciled. If that's not your strength, or you just don't have time, don't sweat it. Gather up whatever you have and your CPA can help you with this.
  - a) Think about what you expect in the fourth quarter, so you can talk to your CPA about whether your taxable business income has changed.
  - b) Equipment and other asset purchases can make a big difference, so now is also the time to determine if there are any you need to make. Does it make sense to purchase before year-end to take advantage of accelerated depreciation for favorable tax treatment?
4. For any rental properties, pull together your receipts and list out all income and expenses you have incurred during the year. What do you expect to have in the last quarter? Similar to the business owner noted above, consider whether any capital improvements are needed and when you'll have them completed.
5. Do you itemize your deductions? If so,
  - a) Gather all receipts from charitable contributions you made during the year thus far and estimate the amount you think you will make the remainder of the year.
  - b) Gather medical receipts if you think you will be over the threshold for medical deductions for 2019. As a rule of thumb, are they more than 10% of your income?
6. Consider any changes in dependents including children or other family members you may claim.
7. Consider any other big changes in income, expenses and withholdings compared to the prior year. Did you retire from your job and begin to claim Social Security? Did you begin to take required minimum distributions from your IRA? Did you buy or sell real estate? All of these may impact whether your prior year's return is a solid "starting point" for your current year expectations.



Once you have gathered as much of this information as you can, talk to your CPA. They may want to run tax projections, and will help you plan, take action and/or be prepared for any taxes that may be due next April. Taxes should never be a surprise!



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0 E Kentucky Avenue	N/A	5	5	1	\$1,950,000
10 Missouri Avenue	3,666	5	3	1	\$1,799,000
5 Camden Avenue	4,600	5	3	1	\$1,295,000
1305 Cedar Street	3,158	5	4	1	\$1,299,000
2003 Cedar Street	5,161	5	5	1	\$1,850,000
11 Michigan Avenue	3,863	6	5	1	\$1,295,000
130 Bay Avenue #1	2,256	3	3	0	\$1,250,000
503 Cedar Street	3,256	6	3	1	\$899,900
211 Anglers Road #205B	650	2	2	0	\$338,850
1210 Bay Avenue	N/A	3	3	0	\$1,849,500
12 California Avenue	750	2	1	1	\$709,900
211 Anglers Road #102	1,200	3	2	1	\$475,000

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